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THE STATEMENT OF FUTURE PHYSICAL THERAPISTS' TRAINING FOR APPLICATION OF FITNESS AND HEALTH-IMPROVING TECHNOLOGIES

Recently, decrease in life quality and duration of the population, causing deterioration of human body function, promotes an increase in social demand for health state correction using non-medicated means. In the health care system, this function is to be exercised by physical therapists, providing systemic effect on a human body through physical exercises and other means of physical rehabilitation.

Reforming of higher education process, expanding specialists' scope of work in physical rehabilitation necessitates inclusion of new tools for health state correction – fitness and health improvement technologies within rehabilitation process. This tool is a system of organizing human locomotor behavior, providing restoration, balancing and strengthening of human body functions.

Introduction of this tool into the health care system and, consequently, the need to improvethe training process for specialists, determine our interest in studying and development of a training process for application of fitness and health improvement technologies for future physical therapists.

A lot of attention has been paid to studying the problem of physical therapy specialists training. A. Vovkanich and S. Gorodinsky analyzed structure of training programs and disciplines that form theoretical knowledge, practical skills and expertise [2; 4]. A. Vovkanich and Y. Prystupa studied roles and places of physical rehabilitation specialists in the entire health care system

[3]. N. Byelikova and Y. Lyannyi characterized distinctive features of foreign students' training etc.

It is clear that quality vocational training is a key to ensure a high level of services provided by physical therapists.

However, in today's situation preparation for the FHIT implementation in professional activity features a lot of disadvantages. Such as a purely theoretical basis for readiness formation, absence of training objective, etc.

The theoretical analysis showed that works by V. Ivanochko, M. Ivlev, L. Kostjunin, S. Kroshka, A. Laputin, O. Matlina, S. Yurchuk and others dealt with problems of studying and implementing of FHIT as a means of health correction. Works written by these authors cover a wide population range: from pregnant women and babies to the elderly people.

Today, physical therapists' training is based on development of competency models, optimization of training through predominantly practical training, practicing in use of theoretical knowledge during job training, and studying features of the profession and employment, etc. [1].

Despite numerous scientific publications dealing with training of future physical therapists, no study on the preparation for application of fitness and health improvement technologies has been carried out so far.

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